



ST. CLARE OF ASSISI HEALTHY HABITS SPECIALS - MARCH 2018

*= Baked

WG=Whole Grain Ingredients



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Cheeseburger on WG Bun Baby Carrots Jell-O Fresh Fruit/Seasonal Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>TACO SALAD</i>	Soft Pretzels with Cheese, WG Baby Carrots Light Ranch Dressing Fresh Fruit/Seasonal Rice Krispies Treat Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>ST. LOUIS HILL SALAD</i>
5	6	7	8	9
BREAKFAST FOR LUNCH! *Pancake with Syrup *Sausage Patty Fresh Fruit/Seasonal Yogurt Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>BLT SALAD</i>	PAPA JOHNS PEPPERONI PIZZA CARROTS/CELERY FRUIT COOKIE MILK, FAT FREE <i>DAILY SALAD \$3.95</i> <i>CHICKEN CAESAR SALAD</i>	*Toasted Ravioli with Sauce Green Beans Mandarin Oranges *Cookie Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>APPLE CRANBERRY SALAD</i>	Mini Tacos Corn Fresh Fruit/Seasonal Brownie Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>TACO SALAD</i>	12:00 DISMISSAL NO LUNCH SERVED
12	13	14	15	16
19	20	21	22	23
BREAKFAST FOR LUNCH! Homemade *French Toast Sticks Syrup *Bacon *Triangle Hash Brown Fresh Fruit/Seasonal Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>BLT SALAD</i>	PAPA JOHNS CHEESE PIZZA SALAD FRUIT RICE KRISPIES TREAT MILK, FAT FREE <i>DAILY SALAD \$3.95</i> <i>CHICKEN CAESAR SALAD</i>	*Pizza Stix Lettuce & Carrot Salad Lite Ranch Dressing Fresh Fruit/Seasonal Fruit Snack Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>APPLE CRANBERRY SALAD</i>	CHICK-FIL-A DAY \$5.00 CHICK-FIL-A CHIPS JELL-O COOKIE MILK, FAT FREE <i>DAILY SALAD \$3.95</i> <i>TACO SALAD</i>	*Bosco Stick Spaghetti Sauce Corn Fruit Cocktail 100% Fruit Juice Bar Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>ST. LOUIS HILL SALAD</i>
26	27	28	29	30
*Popcorn Chicken *Seasoned Fries Fresh Fruit/Seasonal *Homemade Brownie Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>BLT SALAD</i>	PAPA JOHNS PEPPERONI PIZZA CARROTS/CELERY FRUIT BROWNIE MILK, FAT FREE <i>DAILY SALAD \$3.95</i> <i>CHICKEN CAESAR SALAD</i>	Meatball Sub Homemade Chips Fresh Fruit/Seasonal Milk, Fat Free <i>DAILY SALAD \$3.95</i> <i>APPLE CRANBERRY SALAD</i>	HOLY THURSDAY NOON DISMISSAL NO LUNCH SERVED 	GOOD FRIDAY NO SCHOOL
2 Bosco Breadsticks with Spaghetti Sauce 3.70	Jumbo Hot Dog with Chips 3.70	Chicken Strips with Fries 3.70	Chicken Rings with French Fries 3.70	Little Charlie's Cheese Pizza with Celery & Carrots 3.70

HEALTHY HABITS HOT LUNCH * GRAB-N-GO

GRADES K-2 \$3.70 GRADES 3-8 \$3.95 STAFF 3.50 includes milk only

All FSC menus follow the USDA guidelines & Archdiocese Wellness Plan and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.
"Serving You With Pride"

